

Congratulations Glen Rock!

Our school district has been awarded a grant from Sustainable Jersey for Schools on Health and Wellness, funded by the NJ Department of Health, for the 2015-2016 school year. The goal of the grant is to promote eating healthy in the school district.



HS Junior Erica Jones, together with the Health and Wellness council, will be hosting events throughout the year to increase student awareness of health and nutrition, and offering samples of healthy meals and snacks. A nutritionist will host an assembly to teach students how to eat healthy. Most of these events will be hosted in the elementary schools, middle school, and high school to promote healthy eating habits in all of the GR students.

Students and parents will be given the opportunity to give input on the food choices offered at school through a survey.





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